

## Try all the walks in this Guide Book with Walk Richmond, a free community walking program led by walk leaders from the Richmond Eitness and Wollpass

from the Richmond Fitness and Wellness Association. Walks are for people of all ages and all fitness levels.

Sit less. **Walk more.** Walk Richmond. www.richmond.ca/walk

## Richmond's Walking Guide Book



### **Outdoor Hazard Reporting**

Please report road and trail hazards to the 24 hour Public Works non-emergency line: 604-270-8721, with the location, type and condition of the hazard.

### City of Richmond

6911 No. 3 Road, Richmond, BC V6Y 2C1 Telephone: 604-276-4000 www.richmond.ca

## Sit less. Walk more. Walk Richmond.

24 easy walks around Richmond





Revised August 2019

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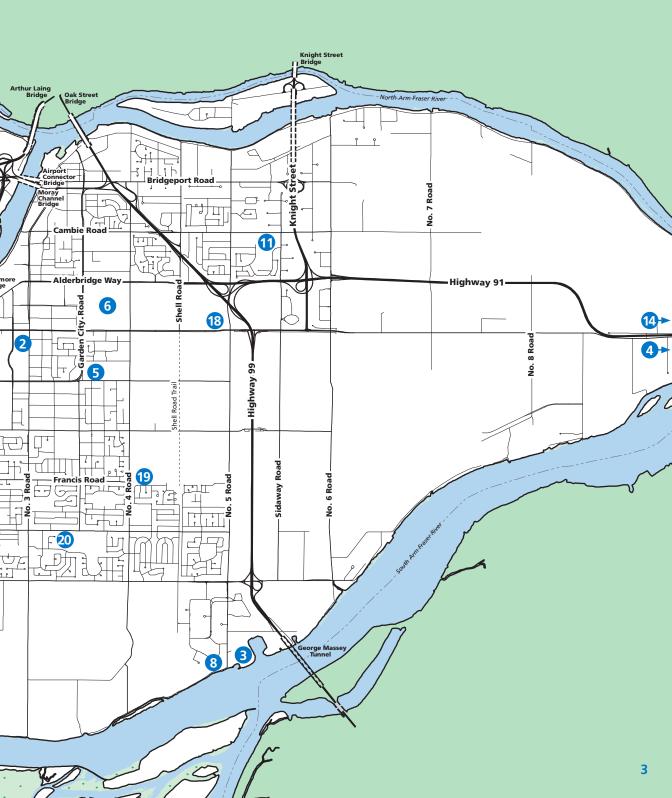
## Legend (applies to all maps)

Parking	🔃 Washrooms
🚯 Access Points	Transit Stop

### Accessibility

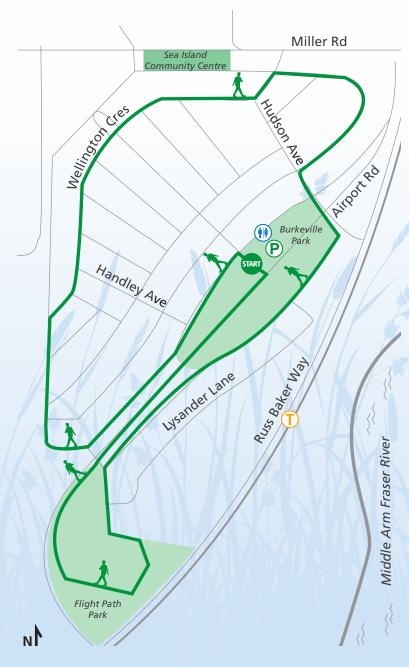
While many of the walking trails are wheelchair accessible, it is advisable to be accompanied by an able-bodied person. The trails are subject to use and weathering that may degrade them to the point where their original accessible design has been compromised in some areas.





## Burkeville Park – Sea Island

Distance: 3.5 kms



### Terrain and cautions

No sidewalks; some pavement, gravel and street traffic. Walk is stroller friendly.

### Description

This walk explores a thriving neighbourhood that formerly provided housing for Second World War veterans and employees in the airplane manufacturing industry. Burkeville is a small, unique community on Sea Island that is located next to the Vancouver International Airport and is separated from the rest of Richmond and Vancouver by a total of four bridges. Within this community there are parks, tennis courts and a community centre.

### Starting point

Burkeville Park playground (between Airport Road and Catalina Crescent).

### Parking

Street parking available along Airport Road.

### Transit

Bus #412 stops about 600 metres away from Burkeville Park playground near BCIT.

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# 2 City Centre

#### Distance: 3 kms



### Terrain and cautions

Flat paved sidewalk and pathways. Walk is stroller friendly and wheelchair accessible. Exercise caution when crossing main roads along this route.

### Description

This one-hour urban walk begins at City Centre Community Centre and passes by many amenities and services including the Richmond Cultural Centre, sports facilities in Minoru Park, Richmond City Hall and the Canada Line. The route travels south through Minoru Park, along Granville Avenue and north along No. 3 Road back to the community centre.

### **Starting point**

City Centre Community Centre entrance, 5900 Minoru Boulevard.

### Parking

Limited underground and street parking available at or near City Centre Community Centre.

### Transit

Bus #401 stops at the corner of Westminster Highway and Minoru Boulevard or is a 600 metre walk from the Brighouse Canada Line station via No. 3 Road.

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# **3** Finn Slough

#### Distance: 5 kms



### **Terrain and cautions**

Gravel, pavement and street traffic. Exercise caution as there are limited sidewalks. Walk is stroller friendly.

### Description

With a panoramic view of the Fraser River, this walk back and forth along Dyke Road passes by the historic community of Finn Slough. Founded by Finnish settlers in the 1880s, this was once a popular residence for Richmond fishermen. The houses in Finn Slough are located along the marshy river bank and are now a small reminder of what life was like during those flourishing fishing times.

### Starting point

Woodwards Landing, 11551 Dyke Road.

### Parking

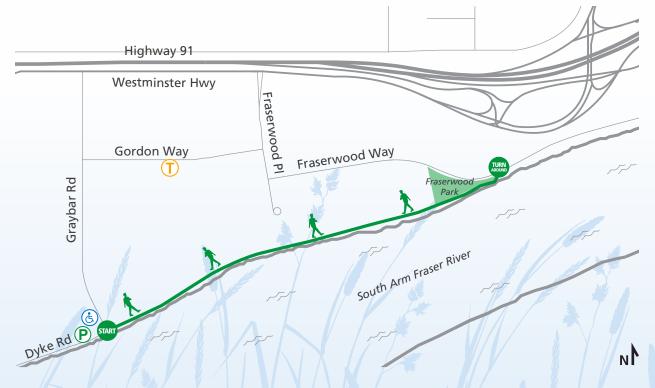
Available at Woodwards Landing.

### Transit

Bus #405 stops about 650 metres away from the intersection of Machrina Way and No. 5 Road.



### Distance: 2 kms



### Terrain and cautions

Flat gravel path. Exercise caution as there are limited sidewalks. No lights or washrooms on this route.

### Description

Located in the Hamilton area of east Richmond, the Fraserwood Trail is one of Richmond's most unique but lesser-known routes. The trail travels towards the Alex Fraser Bridge and passes a marina, houseboats, woodlots and Fraserwood Park. Look for Don Island, the larger of the two islands that can be seen from the beginning of the trail.

### **Starting point**

Entrance to the trail at the intersection of Graybar and Dyke Roads.

### Parking

Available along Graybar Road and Dyke Road.

### Transit

Bus #410 stops about 500 metres away from the intersection of Graybar Road and Gordon Way.

## 5 Garden City and Paulik Parks

### Distance: 2.5 kms



### **Terrain and cautions**

Gravel, pavement and street traffic. Walk is stroller friendly.

### Description

This walk through both Garden City and Paulik Parks features a lake, playground and an arboretum, which contains species of trees that originate from the Pacific Rim regions. With an abundance of trees and flowers, these gardens provide a beautiful place to walk as well as a place for the community to gather.

### Starting point

Garden City Park parking lot one block east of Garden City Road on Granville Avenue.

### Parking

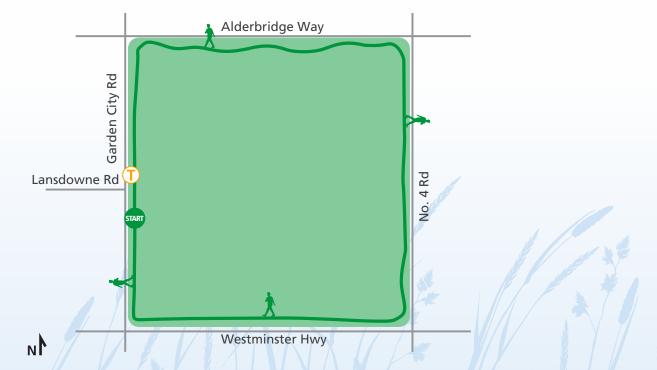
Available at starting point. Street parking also available.

### Transit

Buses #408 and #404 stop alongside Garden City Park.

## 6 Garden City Lands Perimeter Trail

### Distance: 2.9 kms



### **Terrain and cautions**

Gravel divided path that is shared with cyclists. On-site parking and washrooms are not currently available.

### Description

This urban, multi-use trail travels around the perimeter of the newly developed Garden City Lands in the heart of Richmond. Walkers can explore a natural bog and the future site of agricultural lands.

### **Starting point**

The east side of Garden City and Lansdowne Roads intersection.

### Parking

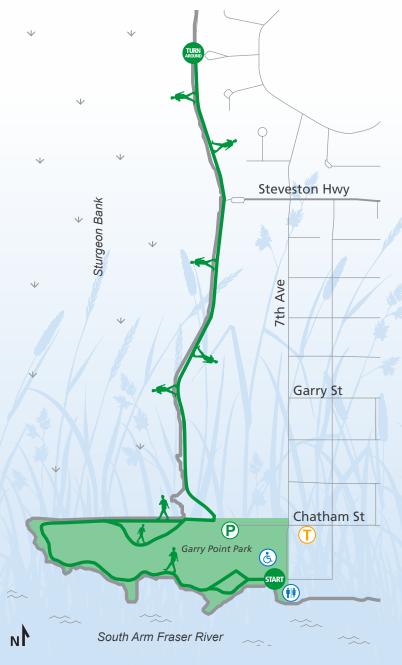
On-site parking under development.

### Transit

Buses #407 and #301 stop at Garden City and Lansdowne Roads.

## Garry Point Park / West Dyke

### Distance: 5 kms



### **Terrain and cautions**

Flat gravel dyke path.

### Description

This trail begins at Garry Point Park, which is located close to Steveston's historic fishing village. While walking through the park look for the Kuno Garden, a Japanese style memorial garden, and Scotch Pond, a heritage moorage site. The second leg of the trail travels along the West Dyke and provides spectacular views of the Fraser River, Gulf Islands and Coastal Mountains. Running adjacent to the dyke is Sturgeon Banks, an estuary that provides habitat and stopover sites for a large variety of birds and waterfowl.

### Starting point

Garry Point Park concession stand, 12771 7th Avenue.

### Parking

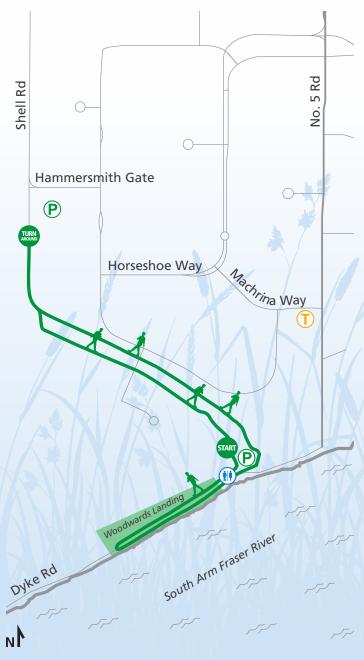
Available at entrance to Garry Point Park.

### Transit

Buses #401, #402, #406 and #407 stop about 600 metres away from the starting point.

# 8 Horseshoe Slough

### Distance: 3.5 kms



### **Terrain and cautions**

Flat gravel and dirt path.

### Description

Traveling the South Dyke to Shell Road, this peaceful, tree-lined trail crosses over the historic Horseshoe Slough and provides pedestrians and cyclists a shady, cool retreat from warm summer days. Starting near the entrance to Woodwards Landing Park, the trail travels along two sides of the slough. The west side of the trail is wider and flatter, making for easier pedestrian and cyclist accessibility. The east side, adjacent to several industrial sites, is more narrow and uneven making the walk slightly more challenging.

### Starting point

Woodwards Landing, 11551 Dyke Road.

### Parking

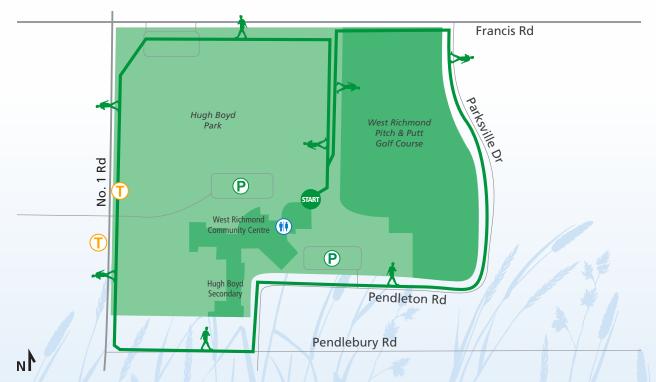
Available at entrance to Woodwards Landing and along Dyke Road. Note the posted closing time on the parking gate.

### Transit

Bus #405 stops about 650 metres away from the intersection of Machrina Way and No. 5 Road.

# 9 Hugh Boyd

### Distance: 2.2 kms



### **Terrain and cautions**

Gravel, pavement and street traffic. Walk is stroller friendly.

### Description

This unique walk highlights one of North America's single largest artificial turf fields. Bordering Hugh Boyd High School and the West Richmond Pitch and Putt golf course, this park is one of Richmond's most active sporting venues. With six soccer fields and tennis courts, a basketball and a hockey court, a full size playground and an outdoor fitness circuit, Hugh Boyd Park offers physical activity opportunities for all ages and abilities.

### Starting point

Outdoor Fitness Circuit on the northeast side of the West Richmond Community Centre, 9180 No. 1 Road.

### Parking

Available at West Richmond Community Centre.

### Transit

Bus #401 stops across from the West Richmond Community Centre at the intersection of No. 1 Road and Osmond Avenue. 10 Iona Jetty

### Distance: 9 kms

Sturgeon Bank

Vancouver International Airport

Ferguson Rd

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### **Terrain and cautions**

Flat gravel path. Consider bringing an extra layer of clothing on windy days.

### Description

This route follows the covered pipeline, which reaches 4.5 km into the Strait of Georgia and offers beautiful views of the many surrounding mountain regions: Mount Baker to the east, the Coastal Mountains to the north with Pacific Spirit Regional Park in the foreground, and the Vancouver Island Mountains to the west. There are covered benches along the jetty that provide shelter from the wind and a resting spot from which to enjoy the views.

### **Starting point**

Jetty entrance, 900 Ferguson Road.

### Parking

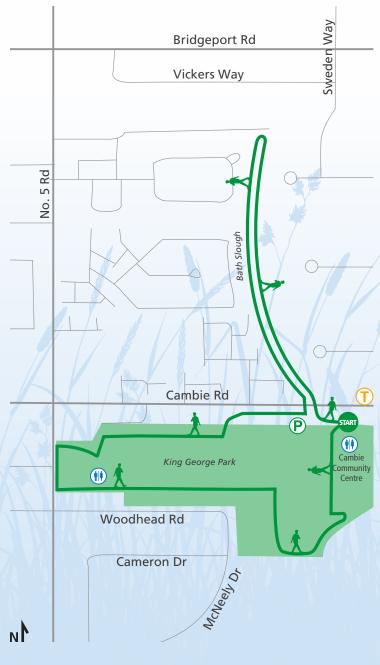
Available along the road near the entrance to the jetty or at the Iona Beach Regional Park parking lot at the end of Ferguson Road. Note the posted closing time on the park gate.

### Transit

This walk is not easily accessible by transit.



### Distance: 3 kms



### **Terrain and cautions**

Some gravel, pavement and street traffic. Walk is stroller friendly on the park pathway.

### Description

This walk loops around the sporting fields and playgrounds of King George Park and then travels north along Bath Slough (situated within Richmond's industrial and business complexes) and back. The park is nearly one-third of an entire city block and houses various active sporting facilities and a children's water park. Located next to Cambie Community Centre, this park is frequented by recreational users of all ages and abilities.

### Starting point

Cambie Community Centre entrance, 12800 Cambie Road.

### Parking

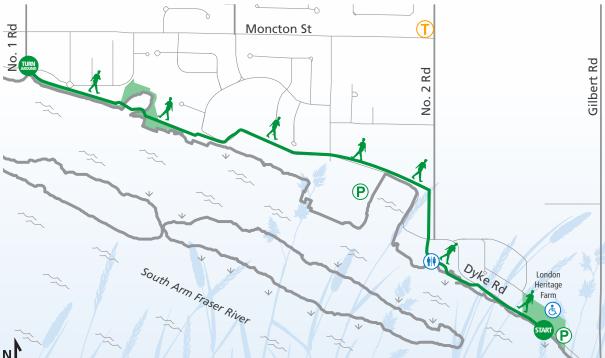
Available at Cambie Community Centre.

### Transit

Buses #405, #410 and #416 stop about 250 metres away from the start location.

# 12 London Heritage Farm

### Distance: 5.5 kms



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### Terrain and cautions

Flat gravel path. Walk is stroller friendly.

### Description

Take a walk back in time along this trail that begins at the historic London Heritage Farm, which includes a fully restored heritage house, barn and old farm equipment, illustrating the rural history of Richmond. The route then passes through the Britannia Shipyards with turn-of-the-century boatworks and cannery residences, and Steveston Village with the historic cannery site of the BC Packers Ltd.

### **Starting point**

At the parking lot across from London Heritage Farm, 6511 Dyke Road.

### Parking

Available along Dyke Road, across from London Heritage Farm.

### Transit

Bus #402 stops about 1.5 kilometres away from the intersection of Moncton Street and No. 2 Road.



#### Distance: 5 kms



### Terrain and cautions

Flat gravel path. The McDonald Beach walk is a dog off-leash area.

### Description

Home to the Vancouver International Airport, Sea Island offers a scenic walking trail along the north arm of the Fraser River with the trail beginning at McDonald Beach Park and continuing to the midway point at Grauer Road. This trail is perfect for airplane and bird watching enthusiasts.

### **Starting point**

North end of McDonald Road at the McDonald Beach parking lot, 3500 McDonald Road.

### Parking

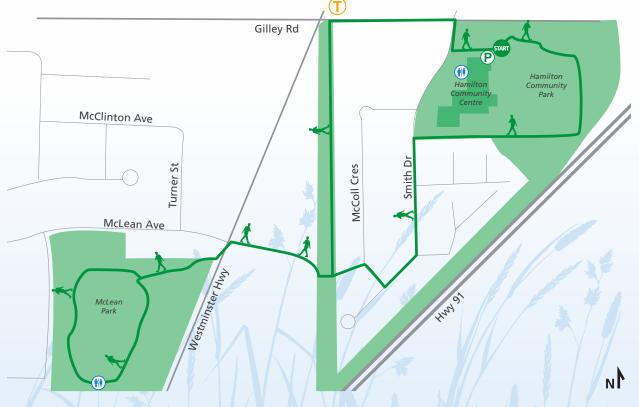
Available at the McDonald Beach parking lot. Note the posted closing time on the park gate.

### Transit

This walk is not easily accessible by transit.

## 14 McLean Park – Hamilton

### Distance: 2.4 kms



### **Terrain and cautions**

Gravel, pavement and street traffic. Walk is stroller friendly.

### Description

This walk begins along a gravel walking path winding through Hamilton Community Park, continuing through the Hamilton area neighbourhood and looping McLean Park via a paved pathway. Located directly behind Hamilton's fire hall, McLean Park offers an abundance of recreational amenities that encourage residents and visitors to participate in physical activities.

### **Starting Point**

Hamilton Community Centre, 5140 Smith Drive.

### Parking

Available at Hamilton Community Centre.

### Transit

Buses #410 and #418 stop about 300 metres away at the corner of Westminster Highway and Gilley Road.



### Distance: 4 kms



### **Terrain and cautions**

Flat gravel dyke path. Walk is stroller friendly.

### Description

Starting at Dover Park, the trail is easily accessed from the city centre and links to the popular West Dyke Trail. This dyke path is adjacent to the Middle Arm of the Fraser River with views of Sea Island, the Vancouver International Airport and the North Shore Mountains. The route passes by the Richmond Olympic Oval, a world-class community facility and home of the 2010 Olympic Winter Games long track speed skating competition.

### **Starting point**

Across the street from Dover Park, 5888 Dover Crescent (across from the City of Richmond Works Yard).

### Parking

Street parking available around Dover Park.

### Transit

The #401 bus stops about 120 metres away from the start location.



#### Distance: 2 kms



### **Terrain and cautions**

The pathway on this trail is mostly paved concrete with some areas where the path is bark mulch. Use caution when walking on the paved path that cuts across Minoru field as this is a popular biking route. No lights beyond the Clement Track.

### Description

The trail begins at Clement Track before making its way into the Minoru Lakes area to the north. There are beautiful annual and perennial floral displays throughout the park, particularly surrounding Minoru Chapel and Pierrefonds Garden. Minoru Park and the pathways around Minoru Lakes provide a quiet retreat from the bustling city centre.

### Starting point

Clement Track Grandstand, 7551 Minoru Gate.

### Parking

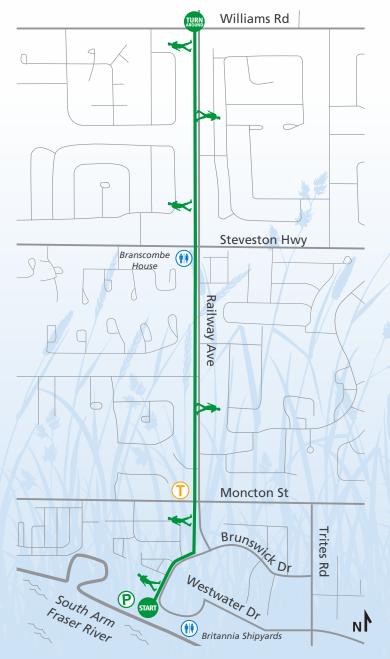
Available around Clement Track, Minoru Arenas and Minoru Centre for Active Living.

### Transit

Bus #406 stops just steps away from the Minoru Track along Granville Avenue (and Moffatt Road).

# **17** Railway Greenway Trail

### Distance: 4.5 kms



### **Terrain and cautions**

Flat paved sidewalk and trail. Exercise caution when crossing the intersecting roads along the trail.

### Description

This walk travels along the multi-use cycling and walking pathway through several neighborhoods that connect the Fraser River Middle Arm and the South Dyke/Steveston waterfronts. Look for the community gardens and the historical Branscombe House along the way.

### Starting point

Parking lot at the south end of Railway Avenue and Westwater Drive near the Britannia Shipyards.

### Parking

Parking and washrooms are available at the walk starting point.

### Transit

Buses #402 and #413 stop at the corner of Railway Avenue and Moncton Street.

# **18** Richmond Nature Park

Distance: 4 kms



### Terrain and cautions

Forested and shaded paths are a mixture of bark mulch and wooden boardwalks.

### Description

The Richmond Nature Park consists of 200 acres of the raised peat bog that once covered large portions of Lulu Island. The walking trail provides an opportunity to encounter plants and animals in bog, forest and pond habitats. The shortest trail, an elevated boardwalk around the park pond, is wheelchair accessible. A free trail guide describing the different plants and animals is available in the Nature House.

### Starting point

Richmond Nature Park, 11851 Westminster Highway

### Parking

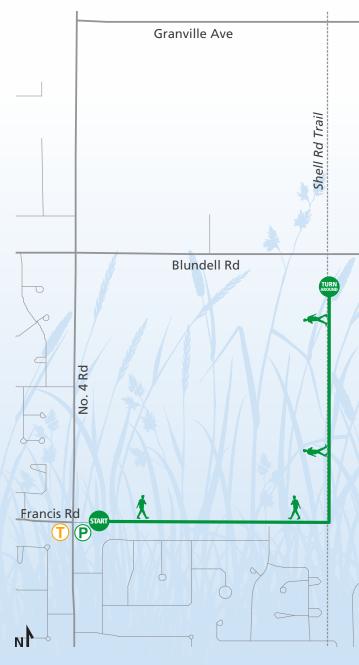
Available at the entrance to the Richmond Nature Park. The park is open daily from 7:00 a.m. to sunset.

### Transit

Bus #405 stops about 200 metres away at the intersection of Westminster Highway and No. 5 Road.



### Distance: 3 kms



### **Terrain and cautions**

Shaded and secluded path. The Shell Road Trail is a dog off-leash area. There are no washrooms or lighting along this route.

### Description

Lined with tall trees and shrubs, this long interior trail has a distinctly rural feel making it a unique walking experience in an urban city centre. This route travels to Blundell Road; however, the entire trail spans from Alderbridge Way to Williams Road.

### Starting point

End of Francis Road at No. 4 Road.

### Parking

Limited parking available at the trail entrance at Francis Road and No. 4 Road.

### Transit

Bus #404 stops within 110 metres of the start location.



### Distance: 2.4 kms



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### **Terrain and cautions**

Paved trail. Walk is stroller friendly.

### Description

Located in the residential area of Garden City and Williams Road, this multi-facility park is one of the largest recreational areas in Richmond. The walk loops around South Arm Park, which includes an outdoor swimming pool, soccer fields, baseball diamonds and tennis courts. Surrounded by trees and greenery, this park is an inviting playground to all.

### **Starting point**

South Arm Community Centre entrance, 8880 Williams Road.

### Parking

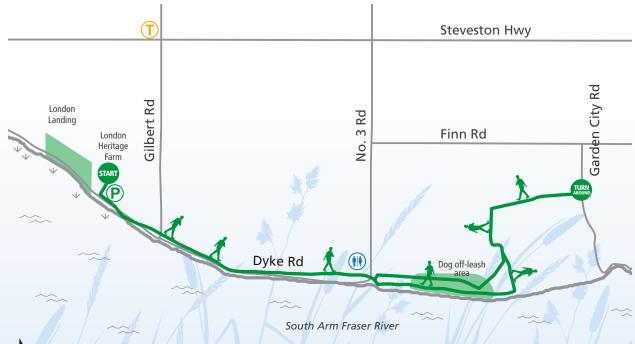
Available at South Arm Community Centre.

### Transit

Buses #408 and #413 stop within 200 metres of the start location.



### Distance: 5 kms



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### **Terrain and cautions**

Flat gravel dyke path. This walk passes by a dog off-leash area.

### Description

Starting at London Heritage Farm, the South Dyke trail travels along the Fraser River in a mainly agricultural area. Walking along Dyke Road provides easy access to off-road trails and eventually links to the interior Horseshoe Slough and Shell Road Trails. Located at the base of No. 3 Road is the Sports Fishing Pier, which overlooks the Fraser River, Ladner and Mount Baker.

### **Starting point**

At the parking lot across from London Heritage Farm, 6511 Dyke Road.

### Parking

Available along Dyke Road, across from London Heritage Farm.

### Transit

Bus #407 stops about 1.5 km away at the intersection of Steveston Highway and Gilbert Road.

# 22 Steveston Village

### Distance: 4 kms



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### Terrain and cautions

Pavement and street traffic. Walk is stroller friendly.

### Description

Starting at Garry Point Park, this walk through the historic fishing village of Steveston passes the Britannia Shipyards, Canada's former busiest fishing port and Steveston Village, filled with unique shops and restaurants.

### **Starting point**

Garry Point Park concession stand, 12771 7th Avenue.

### Parking

Available at Garry Point Park entrance.

### Transit

Buses #401, #402, #406 and #407 stop about 600 metres from the starting point.

# 23 Terra Nova

### Distance: 5 kms



### Terrain and cautions

Flat gravel dike path. No lights on this route.

### Description

Starting at the north entrance to the West Dyke, this walk follows the perimeter trail surrounding Terra Nova Rural Park, a 35acre protected old-field habitat with viewing platforms. Watch for wildlife as birds, owls and hawks are often observed in this conservation area. The trail continues onto the West Dyke until reaching the midway point at Blundell Road.

### Starting point

West Dyke Trail entrance, the west end of River Road.

### Parking

Available at the entrance to the dyke at the west end of River Road.

### Transit

Bus #401 stops about 1.7 kilometres from the starting point.

# 24 Thompson to Terra Nova

### Distance: 7.4 kms



### Terrain and cautions

Flat paved concrete sidewalk and gravel dyke path. Exercise caution at the north end of this trail! Be aware of both passenger and commercial vehicles when crossing River Road to access the dyke and the Middle Arm Trail.

### Description

Beginning at Thompson Community Centre, continue north towards River Road along McCallan Road Trail and then head west along River Road towards Terra Nova Park. With a panoramic view of the airport and the natural beauty of Terra Nova Rural Park, this walk is a treat for airplane and nature enthusiasts.

### Starting point

Thompson Community Centre north entrance, 5151 Granville Avenue.

### Parking

Available at Thompson Community Centre.

### Transit

Bus #406 stops about 500 metres from Thompson Community Centre.

## Walk Richmond Walking Handbook

### Sit less. Walk more. Walk Richmond.

Discover your community while improving your health when you make regular walking part of your lifestyle. The information found in this handbook provides you with some basic tools and information to get you started walking right away. Congratulations on taking the first step to a healthier you!

### Why walk?

Walking can be done almost anytime, anywhere and it's free! Regular and brisk walking can help you:

- feel healthier
- enjoy social time with friends and family
- lower cholesterol and control or prevent high blood pressure
- strengthen your bones
- decrease stress and sleep better
- exercise injury-free
- manage your weight
- tone your muscles
- train your heart and lungs

### Have fun

You'll stick with your program if it's a fun and rewarding part of your daily routine. Here are a few tips to help:

- Walk a little every day. Aim for 45 to 60 minutes, three to four times a week, and 15 minutes on the other days.
- Explore a variety of routes. Challenge yourself to walk all of the routes in this Guide Book!
- Walk with others. Join a walking group such as Walk Richmond (www.richmond.ca/walk) or walk with friends or family members.

### Planning your walk

Make sure to stay safe and follow good practices to keep you walking for life.

• Walk safely. Don't wear headphones in areas where it's important to be constantly alert. At night, walk with a friend, wear reflective clothing and carry identification and a cell phone.

- Be ready to adapt to extreme weather conditions. When it's hot, choose a shaded route and walk a little slower than usual. Drink water before starting and carry water with you. Avoid walking at the hottest part of the day and wear a hat and sunscreen. When it's cold, avoid icy surfaces and walk away from direct wind. Consider "mall" walking at a local shopping centre in extreme weather.
- Dress appropriately. It's best to wear loose, comfortable clothing made of soft fabrics such as cotton, wool or breathable nylon. In cold weather, consider the wind-chill factor and dress in layers that can easily be removed or added.
- Wear good walking shoes. Shoes that are comfortable and fit your feet can help prevent injuries such as blisters and calluses. A walking shoe should be fairly lightweight and breathable with the thickest cushioning in the heel. The shoe should also be flexible enough to bend in your hands.
- Increase your walking and fitness level in a safe, progressive way. Start slow and gradually increase the frequency, time and distance of your walks. If you are not accustomed to exercise or have a chronic health condition such as arthritis, diabetes or heart disease, consult with your doctor before starting a walking program.
- Warm up and cool down. Get your muscles ready for walking by starting at a slower than normal pace for 5 to 10 minutes. After your walk, stretch your lower body including calves, hip flexors and thighs. Stretches should be held without pain or bouncing for 20 to 30 seconds.

### Go!...

With its range of benefits and the ease of adding regular walking to their lives, over half of Canadians rank walking at the top of their list of most popular physical activities to undertake. Now it's your turn to put your best foot forward. Enjoy!